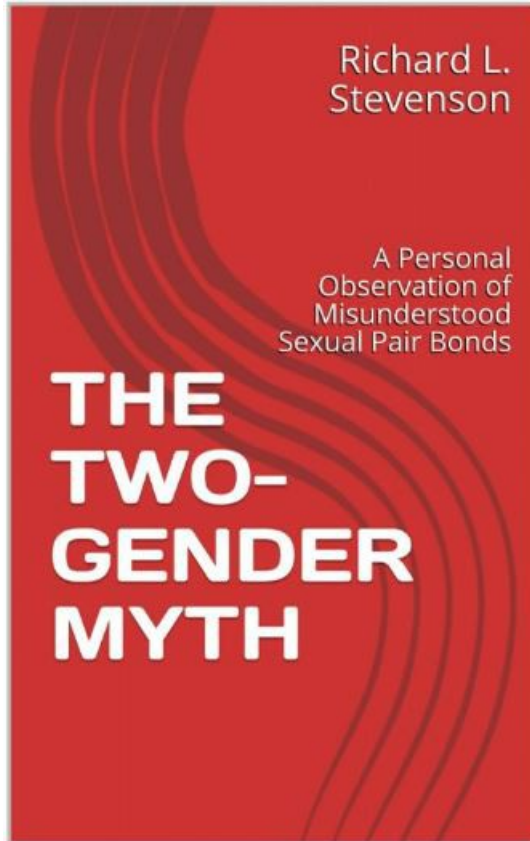


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# **THE TWO-GENDER MYTH**

A Personal Observation of Misunderstood Sexual Pair Bonds



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**RICHARD L. STEVENSON**

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According to the demographics postulated by the bell curve there are three pair bond choices that can be made by M-Fems and F-Machos with some room for variations in between; from the easiest "most natural" to the hardest "most difficult" of the three choices to maintain are "true opposite," "false homosexual opposite" and "false cultural opposite." The greatest number of people are living in some variety of the second and third choices. Cultural perceptions tend to block the "true opposite" choice from being considered. The "true opposite" choice may be the fabled equivalent of a "true love" or "soul mate" choice. The value of the bell curve is that it provides an explanation of every type of pair bond that naturally exists in our multicultural liberated urban human "population." Hopefully it provides some insight into our individual place within the pair bond "population" where we will live the rest of our lives. Understanding brings acceptance and peace to our lives.

Your open mind could help you find and understand your "true opposite" for the first time in your life. At any age!

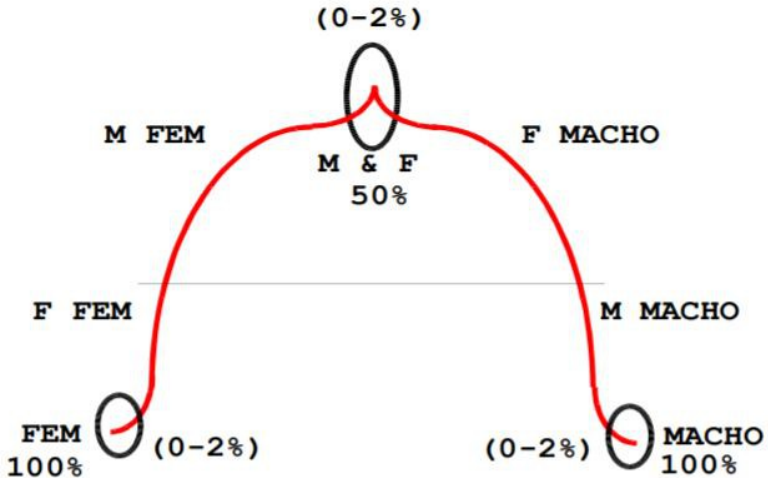


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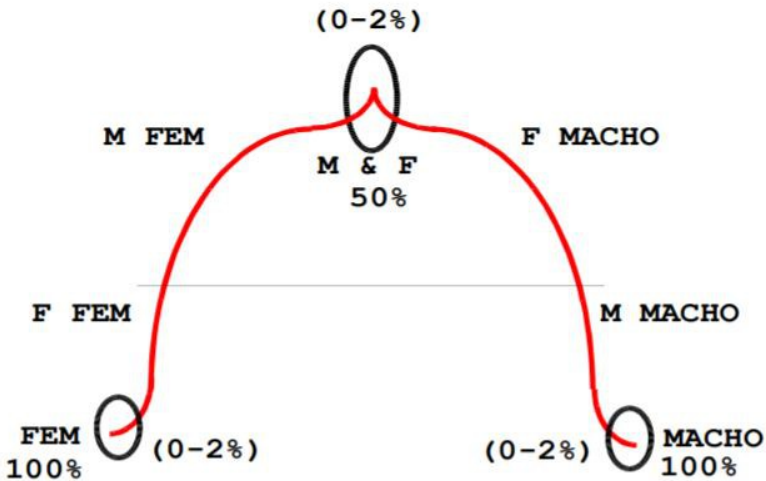
CAN YOU FIND YOUR TRUE LOVE?

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## **THE TWO-GENDER MYTH**

**A PERSONAL OBSERVATION OF MISUNDERSTOOD SEXUAL PAIR BONDS**

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A PERSONAL OBSERVATION OF MISUNDERSTOOD SEXUAL PAIR BONDS

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## PREFACE

This small pamphlet makes no claim to scientific validity or methodology. It is merely based upon my personal observations of couples and individuals I have known over the past 40 or so years, since my divorce at the age of 33. I am 74 years of age in this year of 2016. The observations I made over the years and the self studies I have made in the areas of embryology, anthropology, primatology, and behavioral psychology, lead me to the conclusions I have discovered to be true for me in my life and what appears to be true to me in the lives and pair bonds I have observed over the past 50 years in the single and married worlds around me, among my friends, and social acquaintances.

My study of relationships began after my divorce in 1975 and has been a constant area of study and avocation since. I led and participated in many discussion groups, workshops and singles organizations over those same years.

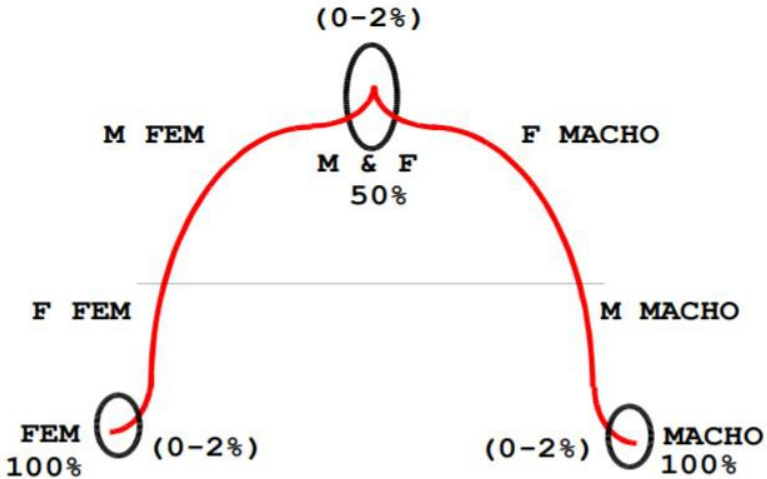
*"The author provides some understanding to his observations of fifty years of pair bonds seen in his own life and in the lives of the others that surrounded his everyday life. We each have a small number of persons who are our physiological "true opposites." The author experienced five "soul mates" out of all the many women he loved and dated. Can you find your true love? Have you found yours? The answer is in understanding the Bell Curve distribution of sexual traits and matching those "true opposite" traits with the right person(s). Knowing how and where to look can be learned. Your true love may be hidden in plain sight. This small pamphlet is about learning to look in the right places."*

I hope you can begin to somewhat narrow your pair bond choices in order to recognize and include your "true opposite." Your open mind may help you to discover your "true opposite" for the first time in your life at the earliest age possible. At any age! My best wishes to you for a fulfilled and happy life.

Best wishes, Rich Stevenson, B.S. Biology, Chemistry 1965



## BELL CURVE DISTRIBUTION OF SEXUAL CHARACTERISTICS



## BELL CURVE DISTRIBUTION OF PAIR BONDS

Note: Distribution is controlled by the survival value in a population of various hormonal mixtures in various cultures and ways of life, such as hunter-gatherer, agricultural, technical, industrial, and urban.

# THE TWO-GENDER MYTH

A Personal Observation of Misunderstood Sexual Pair Bonds

by Richard L. Stevenson, Copyright © 1994, 2016, 2018

When we have heterosexual sex we take our gene pool and slip it into the stream of life. What my gene pool contains is what has obviously survived into my individual existence today. There is extreme individual difficulty in comprehension of the processes involved in the evolution of populations, which take place over geological time, an eternal motion picture, while our lives are a snapshot. To be true to ourselves we need to know who we are sexually. To comprehend the nature of our sexual diversity we need to step far outside of our culturally induced anthropomorphic frame of reference.

Until my perceptions of life began to teach me differently in and around my early 50s, I accepted the conventional wisdom that there are two sexes, male and female, in current human populations.

In observations of my mating behavior and that of others in the singles/divorced urban population around me, I began to realize the profound effects of subtle sexual differentiation. My heterosexual orientation is best directed toward a narrow band in the “M-FEM” sexual range on the bell curve of hormonal distribution. I pursued the wrong women for the wrong reasons for most of my life, with an occasional chance encounter with my sexual “true opposite.” My very long learning curve seems to me to be the norm in our culture. Under current accepted pair bond perceptions, I think most people do not have the frames of reference needed to find their best pair bond, their “true opposite.”

My life would have been lived from a different perspective had I known who I was and how I relate to the various “female” sexes from which I had to choose. Almost everyone chooses a pair bond based upon surface primary and secondary sexual characteristics. Our most common mistake is to assume that we are all “male” or all “female.” If we change that one perception we can improve our ability to choose compatible “true opposite” relationships.

## **CURRENT KNOWLEDGE**

The public acceptance of sexuality as the legitimate object of scholarly research is very recent, with opposition from those who demand a moral construction of human behavior. The first widely published, and controversial, study of documented sexual behavior of a “population” **1** was *The Kinsey Report*, published in 1948, on male sexual behavior, and 1953, on female sexual behavior, just a few years after my birth in 1942. Some 60 to 70 years have gone by. Research since Kinsey has not been as public. As in any field of academic research, the general public will not know the extent and direction of the many current sex-oriented behavioral research studies for another 25 to 50 years. Most are not published for public consumption. Some basic research on sexual orientation and “gender differentiation” inspire self-help books written to guide couples to handle problems in their current love relationships or to learn how to find the right person.

Most of the many popular self-help books I have read are written from the perspective of individual case studies, with little consideration given to relevant new brain development and sexual differentiation research in the fields of embryology, anthropology, primatology, and behavioral psychology. **2** The incorrect assumption is made that a “male” case study is pertinent to the completely homogeneous “male” sex, and that a “female” case study is pertinent to the completely homogeneous “female” sex. There are many theories and analyses based on nature and/or nurture that claim to provide answers to problems in love and relationships. Most base their solutions on the presumptive existence of just two distinct human sexes. They are mostly “true” as far as they go. They may even be of some help, but they are not deep enough. Mostly they just deal with the small group of people who fit the total cultural profile of **WOMAN 3** and **MAN. 4**

The widespread examination of sexual roles and interpersonal sexual roles has been prompted by the introduction of women into broad areas of the work force during WWII and the birth of the women's liberation movement in the following several decades. Changing sexual roles have produced internal, familial, and cultural conflicts. Our societal response thus far has been a freely chosen trend toward work place and social/sexual androgyny.

The interrelationship of this trend toward blurred sexual roles and blindness toward the multiple sexual nature of our “population” is the theme of this text. The gradual disappearance of traditional role expectations leaves each man and woman to make their own very individual choices. With cultural constraints loosened, biological instincts directed by the primitive “nose-brain” and diversified individual sexual brain function play a major role in determining sexual/social behavior. Conventional cultural roles no longer dictate sexual/social expression and behavior.

Rising divorce rates have made young people and newly single adults doubt their ability to maintain a secure relationship with a member of the “opposite sex.” The example of their parents'

divorces and their own past marriages are the glaring evidence. Hard-won economic independence has given women the possibility of wider choices in their interpersonal arrangements. Women no longer need men for status and material security. An unhealthy experience with an opposite or same sex partner tends to push most people in a direction indifferent to commitment, so that emotional and intimate needs are spread over a much larger support network including friends and family. Such persons may extend sexual intimacies to persons outside the boundaries of prior negative experience and tradition.

All of these factors along with subtle individual sexual differentiation may contribute to the gradual breakdown of the traditional monogamous heterosexual couple as the prevalent way for individuals to fulfill their needs for an intimate relationship. This observable breakdown may be favored by the physiological distribution of male and female sexual characteristics determined by the balance of sexual hormones and embryonic development within the very individual persons within each new “population.”

## **THEORY, THE BELL SHAPED CURVE**

The distribution of sexual hormones and characteristics within a human “population” can be shown on a bell-shaped curve. Each male and female hormone probably have offset distributions relative to all the other hormones, adding more variety to individual differences that survive within the “population.” The above curve is a theoretical composite, lacking any quantification of sexual types. The highest level of female characteristics is on the left (100% FEM) to the lowest level on the right. The male characteristics are highest on the right (100% MACHO) to the lowest level on the left. These two categories are almost nonexistent (0-2%) because of many factors, partly because all sexual hormones are needed to maintain good reproductive health in all individuals. The FEMS and Machos closest to the 100% ends of the curve are reflective of our cultural stereotypes of WOMAN 3 and MAN. 4 They are not the focus of the

biological demographic concepts presented here, either in terms of evolution, ecology or simple pair bonding.

In a very real sense, the surviving human organism is the “population,” so that the individuals who reproduce are what determine the differentiated sexual makeup of individual humans within future “populations.” In prehuman days the curve was much more heavily weighted toward F-FEMS and M-MACHOS. With the gradual change away from the hunter/gatherer society and the increasing survival value of intelligence and specialization within societies, a broader spectrum of sexual types gained survival value. The ALPHA MALE **5** and ALPHA FEMALES no longer have all the reproductive opportunities, as in prehuman primate societies.

Because of the widening of reproductive opportunities in the most highly specialized human societies, the survival of offspring of all sexual types proliferated. For example, the middle of the curve (50% M & F) in most early “populations” would not reproduce or survive due to social pressures and sexual malfunction. However, in many urban “populations,” individuals near this position on the curve have become as high as 1% to 2% of newborns in present day human populations.<sup>6</sup> This means up to 2% of newborns in any birthing population may be “hermaphroditic/intersex”<sup>7</sup> to the extent they may be given medical treatment to give them a nearly “male” or “female” sexual identity. These persons may eventually produce children in the next “population.”

For instance, I know a woman who was born with an enlarged clitoris, and she was modified to be more nearly “female.” She is very near the middle of the curve. She is very personable, outgoing, and married. She has been on prescription drugs, I assume female hormones, since birth to maintain her femininity. Even so, she had become more masculine over the years up through her late 20s and current age. She does weight training and gains muscle easily, indicating a high level of male hormones. She is somewhat indifferent to having children, but is highly motivated sexually. She eventually produced “normal” children who are part of the next “population.”

The main conclusions of my observations are that every man, woman and child on this planet has their own distinct mixture of male and female characteristics, so that no two people on this planet, with the possible exception of identical twins, are of exactly the same sex. WOMAN and MAN are cultural concepts, not biological realities. Our cultural expectations of people fitting one concept only, of either WOMAN or MAN, often confuses or prevents the most appropriate choice of a pair bond in human society. On the physiological level we have clues of attraction that we perceive as “chemistry.” In heterosexual pair bonds the degree of sexual attraction we feel for any particular person depends upon how close they are to being our “true opposite,” i.e., F-FEM to M-MACHO or M-FEM to F-MACHO, on the curve.

The gradations are infinite. On each side of their “true opposite” each person is attracted to a range of persons with the degree of attraction falling off as potential pair bonds are found further and further away from their “true opposite” on the curve. These conclusions are supported by a lifetime of observations of my own numerous relationships and those of others. Internal conflicts and pair bond conflicts tend to be less in the lower half of the curve (F-FEM to M-MACHO) where the physiological and cultural determinants of behavior more nearly agree, closest to WOMAN and MAN. There, the conflicts are at least rendered more understandable because they more nearly reflect culturally expected role behavior. The need for education and understanding of the two-gender myth is most needed for pair bonds in the more sexually nebulous upper half of the curve, M-FEM to F-MACHO.

Those persons, in the upper half or more of the curve, in subliminal to obvious ways, do become aware they are “different,” not culturally WOMAN and MAN. This is my group, as I am a MAN with a large female side, F-MACHO. *I have always been quiet, nonathletic, sensitive and verbal. Aggressive, competitive games (soldiers, etc.) were never a preoccupation. This is the “me” that stood out in my mind and the reactions of others because I did not fully meet the social expectations for a male.* My “true opposite” is

somewhere across the way among the M-FEMS, a WOMAN with a large male side. *She has always been adventurous, athletic, and outspoken, a tomboy. Likewise, she did not fully meet the social expectations for a female.* My expectations of her as a WOMAN and her expectations of me as a MAN, wanting the other to be more of a WOMAN or MAN, have contributed to several breakups in my relationships over the past 40 or so years.

These confusing conflicts do lead many persons in the upper half of the curve to establish relationships with “false opposites,” either same or opposite sex in nature. For example, the closer an individual is to the middle of the curve the closer that person is to 50% male and female, so another similar same sex individual combines for nearly 100% compatible hormonal levels mimicking the “true opposite” pair. This is near the same hormonal balance as heterosexual “true opposites” who can contribute offspring to “survival” of the “biological population.”

## **THREE PAIR BOND CHOICES**

**I**n other words, those persons in the upper half or more of the curve usually have two other conflicting pair bond choices needed to mimic a MONOGAMOUS “true opposite” adaptation, which may be felt as mild to intense sexual identity confusion. From the easiest “most natural” to the hardest “most difficult” to maintain of the three adaptations are “true opposite” **8**, “false homosexual opposite” **9** and “false cultural opposite.” **10**

The inability to feel “chemistry” with a “false cultural opposite” may be the source of “gay” M-FEMS and F-MACHOS feeling limited to seeking same-sex relationships. Like almost everyone, they see the opposite sex as sexually homogeneous, thus not being attracted to a nearly 100% M OR F “heterosexual” partner confirms their “homosexual” identity. Once in that lifestyle, the identity becomes ingrained as the chosen road of behavior and is strengthened by behavioral “Pavlovian” conditioning. Another choice is the “mix and match” polysexual choice, meeting sexual and emotional needs through a variety of “opposite” and “same” sex

friends and lovers. The latter choice may be recognized mainly by a chronic longtime lack of commitment to an exclusive intimate relationship of any kind.

Even when M-FEMS and F-MACHOS “correctly” choose their heterosexual “true opposite” they experience problems with the lack of culturally correct MAN or WOMAN behavior from their partner in the new pair bond. At the same time, M-FEMS and F-MACHOS are confused by memories of disappointing low levels of “chemistry” with 100% MACHOS or FEMS, “false cultural opposites,” who should have been very desirable “culturally correct” partners. They eventually lose interest and feel unfulfilled when paired with these culturally desirable “false cultural opposite” 10 partners. They realize they don't love these culturally “perfect” people, 10s, but faced with conventional wisdom they mistrust their own judgment even when confirmed by their own unhappiness.

My most fulfilled relationships came from finding and having deeply intimate associations with the few women who I now see were “true opposites” to me sexually. When a person eliminates pair bond misinformation and learns to identify his/her “true opposite,” he/she can narrow their focus and choose only from the most appropriate “true opposite” persons. Since individuals in the upper half of the curve comprise about half or more of any “population” a huge number of individuals need to understand this sexual landscape so they can accurately find and maintain the most compatible “true opposite” relationship.

## **“TRUE OPPOSITE” CONFLICTS - M-FEMS & F-MACHOS**

**SEPARATION OF SEX AND LOVE:** M-FEMS tend to separate sex and love in the way we expect of a “MALE,” MAN. An F-MACHO separates sex and love less readily than the M-FEMS they most desire. As an F-MACHO, I am hurt and shocked that a “FEMALE,” WOMAN, can have sex with me and not love me. On the plus side, M-FEMS have equaled my daily sexual drive. The desire for sex without regard to the degree of emotional involvement seems to be related to

testosterone level. The F-MACHO tends to be impotent when not in love, which causes initial stress for the M-FEM who does not want the absence of love to delay sexual gratification. We are confused/threatened by unexpected behavior, raising the question: what is wrong with my partner? Doesn't he/she love me?

**TIMING OF EMOTIONAL INVOLVEMENT:** M-FEMS take much longer to become emotionally involved than a FEM. The F-MACHO becomes more quickly emotionally involved, to the extent of seeming unmanly or “unstable” when contrasted with the conventional, emotionally distant, noncommittal MACHO. Again, confusion, and what is wrong with my partner? By the time the M-FEM realizes she is in love, the F-MACHO is probably disenchanted and gone.

**THE M-FEM AND F-MACHO PREDILECTION FOR OPPOSITE SEX FRIENDS:** The upper half or more feel most comfortable with opposite sex friends who are MACHOS and FEMS, where the hormonal “chemistry,” pair bond attraction, is minimal. Since their partners do not know these friends are minimally attractive “non-opposites,” needless conflict may be caused by jealousy. They are not of the “true opposite” sex and not necessarily a threat to an otherwise healthy relationship. However, the conditioning indicated in later paragraphs on M-FEM and F-MACHO awareness may be a factor, and related to the precedent instinctual behavior sets indicated in the next paragraph.

Another complication for the M-FEM and F-MACHO in choosing a partner is what may be instinctual, but individually inappropriate, behavior driven by the “primitive-brain,” or “nose-brain,” which favors preservation of the sexual distribution of the much earlier hunter/gatherer human “population,” and even the prehuman primate “population.” In other words, all “women” may be drawn to mate with the king of the hill ALPHA MALE, M-MACHO, and men may be drawn to mate with the queen of the hill, dominant ALPHA FEMALE, F-FEM. This relates to the tendency of all females to go after the leader in any given group, and of all men to go after the

healthiest, youngest, and most attractive female. In addition to this real threat from this opposite sex category of friends and acquaintances, the emotional closeness of same-sex friendships that fall within the range limits of “false homosexual opposites” may feel equally threatening to a “true opposite” heterosexual partner. (Note: alpha males and females had a higher survival rate for evolutionary purposes in prehuman populations. The enhanced sexual attraction to alphas is very likely a vestigial survival manifestation left over from much earlier populations.)

Same-sex friendships for the M-FEM and F-MACHO, regardless of location on the curve, tend to have some level of unexpected and, therefore, disturbing emotional/sexual attraction. FEMS or MACHOS near the 100% and 50% ends of the curve tend to have enough hormonal attraction to be same-sex “false homosexual opposites.” A well-known public example is the alleged pair bond between the M-FEM Martina Navratilova and her F-FEM long-term friend, Judy Nelson. Two M-FEMS or two F-MACHOS in close proximity on the same side of the curve is the other predictable configuration for same-sex “false homosexual opposites.”

Self-doubt or confusion about sexual identity can arise from the intense emotional attractions felt between these same-sex friends. Unless they do or can establish a “true opposite” heterosexual relationship with a person who can provide enough “opposite-sex” hormonal balance, a same-sex “false homosexual opposite” relationship is likely to become a pair bond alternative at some point in the lives of lonely M-FEMS and F-MACHOS. The main biological consequence of same-sex pair bonds is no procreation by individuals choosing same-sex relationships. For those persons choosing both same and opposite sex relationships during their lives, procreation is a possible biological consequence to add their DNA to the surviving “biological population.”

**HOMOPHOBIC UNCERTAINTY** is the fear that an opposite sex partner may leave for a same sex partner, which may be due to awareness of a heterosexual partner's attraction for same sex friends.

Self-esteem and trust are tested by uncertainty about security in a chosen relationship, whether it is same or opposite sex in reality. Since at least some people can go either way in attraction, they can avoid confusion by choosing a sexual life style or choosing a partner who is also bisexual. Many times the choice made is based upon how the pair relates to society in general and/or their intimate/sexual experiences to the date a choice is made.

A healthy intimate commitment to a same or opposite sex partner will tend to lessen confusion. Zero “population growth” is served by the “same sex” choice and by the M-FEM recognition of what may be a weak desire to have children. Harmony is promoted in all relationships by self-awareness and commitment. Bisexuality within any of the pair bond categories is one polysexual choice made by some people in our society.

**INCONGRUOUS FUNCTIONAL PAIR BONDS:** The range of persons on the curve to whom we are powerfully attracted, on a solely physiological basis, is narrow compared to the extremely wide range of persons with whom we can function in the fulfilling evolutionary task of procreation. The two-gender myth and the nearly universal ability of all male and female pairs to parent a child are smoke screens that makes identification of “true opposites” much less likely. With the commercial promotion of the perfect MAN and WOMAN couple, which is a cultural ideal that does not predominate in any modern day “human population,” most of us in the upper half of the curve probably never identify, much less stay involved with, our physiological “true opposite.”

Many couples are disillusioned by their partner not fitting cultural ideals, and never feel totally at ease in their main relationships. Without knowing, we expect our partners to be ideal WOMAN or MAN. As a result, there are numerous pair bond mismatches, but most of the mismatches can function in most areas of life. Thus, many of these couples are fulfilled in many areas of their lives, including procreation, but cannot understand a nagging sense of not being content with their love lives. In former times,

social and legal pressures against divorce maintained most pair bond mismatches. With those pressures disappearing, people are open to experimentally finding “happier” subsequent sexual pair bonds. Early relationships were likely to be chosen by cultural norms and availability. Later relationships are likely to be chosen based upon negative experience, chemistry, and the “half-baked truths” of abundant self-help psychological theories, all of which have some plausible basis and advocate worthy relational goals.

However, it seems to me that none of the popular purely psychological theories give recognition to the role of hormonal “chemistry” and embryological brain alterations in understanding the deeper complex physiological and instinctual bases that are needed to recognize “true opposite” pair bonds.

## **F-MACHO AWARENESS**

**M**y awareness of myself as an F-MACHO began with a relationship when I was 38 years old. Thirteen years later I began to think I understood that experience. All of my years, since I was adolescent, have been used to overcome abundant conditioning from television, movies, beauty contests, skin magazines, and competition from other men, for the love of the small pool of treasured F-FEMS. My conditioning, like that of nearly all MACHOS, was deepened by masturbatory fantasies directed toward those SEX OBJECTS, FEMS. Like Pavlov's dog, who salivated with the simultaneous presentation of food and the ringing of a bell, and when sufficiently conditioned, salivated when only the bell was rung, SEX OBJECT FEMS became the bell crowding out the natural stimulation of my “true opposite.”

For years SEX OBJECT FEMS or F-FEMS were the women I found attractive or sought out. I suspect the weak physiological attraction may have been the reason I remained a virgin until I lost my virginity to a SEX OBJECT Korean prostitute at the extremely late age of 23. I was very active sexually during that 13-month tour of duty, but the limited communication imposed by language made my first sexual encounters an extension of “unaccompanied” masturbation. My

Korean tour was also the first time in my life it was morally “OK” for me to express my sexuality. I came away grateful and fixated on Oriental women. My sensual needs had gone unanswered for a frustration-laden seeming eternity.

After my one divorce, at 33 years of age, I was inclined to seek approval from women who rejected me, leading to a number of short-lived unsuccessful relationships. That behavior may have been related to moderate imagined maternal rejection of my bed-wetting behavior during childhood. M-FEMS were among those women who seemed to mimic maternal rejection, and their slow emotional involvement and separation of sex and love probably hooked into my need for inappropriate approval seeking.

At 38 years of age I met a woman who was a totally new physical type for me. She was kinetic, a super athlete with slim hips and big shoulders. She was thin, very fit, pugnacious and pushy. She was recruited to play volleyball for a singles group. Male or female, she was the best athlete on the floor with the exception of “Chip,” a guy who was her equal. The group played weekly, always going afterward to a local bar to drink and dance. The first week, in May, I thought she was the most unattractive masculine woman I had ever met. By September I found myself watching her and being attracted. I dismissed it at first, but soon I was asking her to slow dance and really looking forward to seeing her. Until January of the next year I excused myself by saying it was just that she had such an outgoing personality. One night she gave me a ride to my car at a friend's apartment complex.

I still remember every detail. We had a long revealing conversation. We both wanted to go out together, but each expressed total disbelief at our own interest. We were unlike anyone we had ever dated before. She had always dated what I would call SEX OBJECT MACHOS, tall, very male, athletes. Except my ex-wife, people I dated tended to be well read and definitely feminine. We dated twice and became inseparable for over a year. She was the typical “male” avoiding commitment all the way through, and I was the typical

“woman” in love, pushing for a commitment. Her whole life revolved around sex, sports, and food, in that order. My interests were more diverse. She ignored my desire for a commitment, but couldn't believe it when I left her for someone else. Since her, I've tended toward healthier M-FEMS, one of whom was Japanese, and very satisfying.

My relationships with F-FEMS have not been very fulfilling; including a 1990s F-FEM infatuation I thought was true love. I saw her for a few months with no sexual involvement. She was very beautiful, but sex with her would have been mostly conditioned response. My low level of competitive/assertive behavior was a problem for her. M-FEMS are the only women who have completely held my sexual attention. With F-FEM pair bonds I always had a double sex life of activity with the woman and with some masturbation. With M-FEM “true opposite” pair bonds my needs are completely and fully satisfied within the pair bond.

## **M-FEM AWARENESS**

**I**n the past the real life concern of providing security for their children pushed M-FEMS toward economically successful dominant M-MACHOS. With the increase in economic opportunities for all FEMS, there is less pressure to win a man for security. This is especially true for M-FEMS who may have less desire to bear children. However, the instinctual desire to mate with the ALPHA MALE is still there. The sexual athleticism of M-MACHO and M-FEM pairs, due to high testosterone levels in both partners, is a shared behavior that helps to keep these couples together. Great sex. The less sexually endowed and generally less economically successful F-MACHO “true opposite” can be found in the role of the M-FEM's friend until their “true opposite” chemistry is discovered later in life.

The sexual self-awareness of M-FEM women dawns slowly for much the same reasons F-MACHO men are unaware of their attraction to their “true opposites.” Cultural conditioning through the media and peer competition are two factors. M-FEMS can have a relationship that is sexually, economically and socially satisfying on

a high level with M-MACHO men, but the nagging sense of incompleteness derives from not having a more “feminine” F-MACHO partner. She probably has very close F-FEM friends. She may try to hold on to the best of both worlds sexually and socially even after finding a “true opposite” F-MACHO partner. She may never step down a social level from M-MACHO to F-MACHO partner.

## CURES

There is no cure. No two people are exactly alike. Self knowledge and knowledge of the very specific individual you are involved with is the start. When someone tells you who he or she is, listen and accept the truth of their evaluation. When the other person is not accepting who you are, be prepared to leave. Do away with sex role cultural standards. In relationships the only tools we have for staying together are the twin platitudes of “commitment” and “acceptance.” My M-FEM ex-wife was not as maternally engaged as the F-FEM behavior I wanted for the mother of my son.

I ignored my own F-MACHO maternal instincts, not recognizing what they were, thinking roles to be gender specific under the two-gender system. She went back to work when my son was two months old, feeling no reason to stay home with him. Her desire to have a child may have been due to pressure from her parents; she was 30 years old. I was very upset with her leaving my son at home and this was one source of disagreement all the way to our divorce. My only real solution would have been to find a way to stay home with my son.

My ex-wife was one of my “true opposites.” Looking back, all the women I truly loved, like my ex-wife, were definite M-FEMS. In my future, the above “true opposite” working hypotheses will continue to serve as a direction finder in my relationships. However, I will proceed with the realization that as we age, the balance of sexual characteristics gradually changes, so that even within the same relationship, we have an imperceptibly new relationship every day with the somewhat same person we had known yesterday. Every relationship evolves continually.

Over the long term, continual positive conditioning and the familial cement of common history can and will hold healthy relationships together despite mismatched hormonal chemistry. Will the “two-gender myth” ever be understood and be replaced with a fuller understanding of pair bonds based upon hormones and brain development? The answer is: maybe. The “two-gender myth” is deeply embedded in our cultural and religious traditions.

Adam and Eve may not be the exclusive two genders created by God in some spiritual or religious sense. All the scientific thought we hold to be true today has passed through the religious filter very slowly through the centuries. First always, came violent religious opposition. After dissemination of the new knowledge, has come general acceptance when applications demonstrate substantial benefits to society.

In the near future, I hope the *theory of evolution* will get through. Agricultural and medical achievements are demonstrations of the *Law of Evolution*. When humans fully accept their evolutionary past this law will be applied to the human studies of psychology and sociology. The benefits to improvement in our social and psychological behaviors will be immense. There may be a “Law of Multiple Sexual Differentiation” in the wings.

The Earth is no longer the center of the universe in the physical sciences. We need to kick today’s religious witch doctors out of the center of the social universe. The devil is not the cause of negative or inappropriate behavior. Behavior, good or bad, is not related to theology in any direct way and can never be explained by theology. It seems to me that *TRUTH* exists totally independent of narrow human cultural norms. The evolving biological species is the entire “population,” an interacting part of the biosphere, as ancient as the history of our small planet. We see other species correctly, but we have trouble seeing ourselves in the mirror. We must broaden our vision to increase our understanding of human mating and pair bond behavior. **11**

Ongoing basic “gender differentiation” research will continue to bound onward leaving this brief intuitive presentation in the dust. This text was written to clarify my personal observations of

thousands of relationships. All of the sexually diverse lifestyles in society seem to me to be coherent parts of a whole within this frame of reference. “Two genders” is a myth that does not begin to address the complex history of human beings afloat on a broad ocean of natural sexual differentiation and selection with each individual somewhat limited by a narrow band of optimal sexual “true opposite” mating choices. My study of, and interest in, sexual differentiation will continue. The whole truth is truly elusive.

Love and our best pair bonds are obscured by the two gender myth. Throughout 75 years of life I am now sure that I truly loved fewer than five of the many women I knew in my life. All of my true loves were M-FEM “true opposites.” I finally know with some accuracy where I need to look to find my “true opposite.” How about you? Will you begin to somewhat narrow your mating choices in order to include your “true opposite?” Your open mind could help you find and understand your “true opposite” for the first time in your life. At any age!



## FOOTNOTES

1. **POPULATION:** An ongoing succession of a large group of related individuals through generations of procreative survival.
2. A limited bibliography/reading list: See **APPENDIX A**
3. **WOMAN:** A womanly person, both in social roles and physical characteristics, as defined by culturally accepted standards.
4. **MAN:** A manly person, both in social roles and physical characteristics, as defined by culturally accepted standards.
5. **ALPHA MALE:** The dominant male within primate groups. His presence is superimposed over all males and females in every human society. He may be the leader in all human groups.
6. History of Sex Change/Intersex Surgery:  
[https://en.wikipedia.org/wiki/History\\_of\\_intersex\\_surgery](https://en.wikipedia.org/wiki/History_of_intersex_surgery)
7. Hermaphrodite /Intersex sexual ID:  
[http://www.isna.org/faq/what\\_is\\_intersex](http://www.isna.org/faq/what_is_intersex)
8. **TRUE OPPOSITE:** Heterosexual, opposite sides at the same level on the curve. Can procreate.
9. **FALSE HOMOSEXUAL OPPOSITE:** Same side of the curve, either both in the upper half toward the M & F 50% level or one each from near the 50% and 100% ends of the FEM or MACHO side of the curve. Can not procreate.
10. **FALSE CULTURAL OPPOSITE:** Heterosexual in appearance, but a mismatch of M-FEM and M-MACHO or F-MACHO and F-FEM. Less than 100% “true opposite.” Can procreate.
11. **WEAK CULTURAL PAIR BONDS:** Culturally promoted as the most attractive people, M-MACHOS and F-FEMS, the 10s, in the near 100% male and female ends of the curve, do not have “true opposite” chemistry with M-FEMS and F-MACHOS respectively. M-MACHOS and M-FEMS do have a weak pair bond but very strong sexual attraction due to both being high testosterone individuals. However, the weak pair bond beyond sexual gratification tends to become apparent over time due directly to the lack of a “true opposite” pair bond. Falling out of love at some point in time is common and very likely for couples involved in “false cultural opposite” pair bonds. “False cultural opposite” pair bonds are somewhat common when chosen by the cultural or parental prerogatives allowed within any culture.

## **APPENDIX A: BIBLIOGRAPHY/ READING LIST**

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### **“UNDERSTANDING HUMANITY” READING LIST:**

[http://cs2pr.us/DIYP/Reading\\_List.html](http://cs2pr.us/DIYP/Reading_List.html)

## ARE THE TWO GENDERS A MYTH?

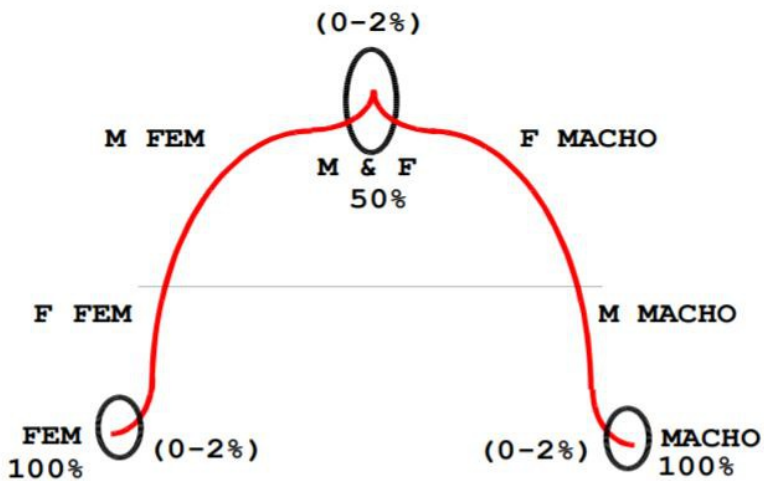
Here at last is a theory that may account for all the various types of sexual pair bonds possible in today's urban human society. The “true opposite” heterosexual pair bond may be the equivalent of the “soul mate” pair bond that very few find and sustain in their lives. These desirable rare pair bonds may be hidden for most of us by the incorrect assumption that all humans are entirely male or female. It seems to me that the history of human social interaction and development is well hidden in the cultural assumptions present in every human society.

I wonder what Margaret Meade, American Social Anthropologist, would have thought about *The Two-Gender Myth*. It seems to me that her life story somewhat supports the theory of the bell shaped curve of sexual characteristics depicted here. She was a definite M-Fem in the upper half of the curve. Her history of relationships with both men and women somewhat confirms the understanding of pair bond alternatives depicted in this pamphlet. Link: [https://en.wikipedia.org/wiki/Margaret\\_Mead](https://en.wikipedia.org/wiki/Margaret_Mead) .

Cultural and social anthropology are fascinating and interesting subjects to me. However, like most people, my love life is the area where I find the most personal satisfaction in life. I have had much satisfaction over the years in sharing time and space with the various women I have loved. I hope this pamphlet will enable others to find their soul mate and “true opposite” pair bonds earlier in life than I did. I found several. I wish you luck in finding and keeping your appropriate same or opposite sex pair bond choices early in life. Be happy.



**RICH STEVENSON**  
**THE TWO-GENDER MYTH AUTHOR**



## BELL CURVE DISTRIBUTION OF PAIR BONDS

CAN YOU FIND YOUR TRUE LOVE?